



Healthy ME!
JCPS Annual Fundraiser 2018
February 20th – February 23rd



Building Healthier Bodies, Developing Stronger Minds... Together!

Our annual high-profile fundraiser is designed with students' health and well-being in mind. Research shows that successful classroom design leads to inspirational teaching methods and learning styles. We also know that physical activity – moving, stretching, and walking – can actually improve the learning process. This year, our goal is to continue our plans to ***enhance our classroom learning environments*** with alternative forms of seating, lighting accents, and areas to promote collaboration. By creating student-centred learning environments with features such as standing desks, large pillows, café style stools, bucket chairs, and soft lighting students will be able to work in an environment where they can be the most successful and productive.

During our Healthy ME Week, classes will be engaged in a variety of fun activities that promote Health and Mental Well Being. Students will have the opportunity to have a healthy snack each morning and our JCPS Houses will come together for another exciting event at the end of the week!

YOU CAN MAKE A DIFFERENCE!

We invite all JCPS families to participate and support our students.

We are seeking donations that can be submitted through SchoolCashOnline until March 9th. Charitable donation tax receipts will be produced for all donations. Follow the simple on-screen instructions and an official donation receipt for tax purposes will be emailed upon checkout.

PRIZES!

This year, the top two classes who raise the most towards our Healthy ME Fundraiser will win a **free Hot Chocolate party** in our new Outdoor Classroom hosted by Mr. Stenekes and Ms. Ricciardelli. The teachers will have a free period to themselves and the students will have unlimited fun and excitement. Every \$10.00 donated will generate a hot chocolate decal to be displayed on the classroom door. As the weeks continue, we look forward to seeing the hot chocolate decals accumulate throughout our school!

JCPS Staff & School Council



See reverse for Healthy Snacks



Healthy Snacks



During **Healthy ME Week**, February 20th – February 23rd, one of our goals is to encourage healthy eating at Joshua Creek. Lead by our JCPS Student Ambassadors, student volunteers will be handing out healthy snacks to classes during the *first* nutrition break.

As a parent, you can participate in this initiative by **purchasing healthy snacks for your child(ren) for the week**. For **\$12**, your child can enjoy a healthy snack every day during Healthy ME Week. **Visit SchoolCashOnline by Thursday, February 15th to pre-order.**

For \$12 your child(ren) will receive the following healthy snacks:

Tuesday Feb. 20	Wednesday Feb. 21	Thursday Feb. 22	Friday Feb. 23
Rold Gold Pretzles Thins & Banana	Strawberry-Banana Smoothie* & Quaker Chocolate Chip Granola Bar	Oatmeal Cookie & Apple Sauce (unsweetened)	Mini-Apple Cinnamon Bagel & Cheese String

No substitutions or late orders possible. Order on SchoolCashOnline. Proceeds go towards our fundraiser initiatives.

*Please email School Council if your child has an allergy and requires an alternate option jcps.council@gmail.com

